

Jetlagged (kurzbeschreibung)

Beschreibung: 32 Count / 2 Wall Improver / 1 Restart in Runde 5

Choreograph: Jenni Müller & Christopher Stimson

Musik: Jet lag von Simple Plan feat. Natasha Bedingfield

Intro: 32 Counts.

1. Chasse R, Cross, Kick, Behind, Side, Cross, ¼ L Step

Restart 5. Runde 12:00

2. Out Out, Bounce Heels, Sailor R + L

Alternativ:

&Out Out, Hold, Bounce Heels, Sailor R+L

3. Kick, Kick, Touch back, Kick, Behind, Side, Cross, Point

4. Forward Rock, Shuffle back, ½Turn R, ¼ Turn R, Full Turn

Restart in der 5. Runde nach Sektion 1